

FASTFACTS

NATIONAL CRIME PREVENTION AND INDIGENOUS POLICING SERVICES

January 2021

Happy New Year!

National Youth Services (NYS) would like to wish everyone a happy and healthy New Year. NYS is virtually celebrating with you for yesterday's achievements and tomorrow's bright future, and we look forward to continuing to connect with you!

Youth Officer Training

NYS is pleased to be hosting the virtual Youth Officer Training (YOT) course from **January 11th - 15th, 2021**. The course brings subject matter experts from a variety of criminal justice-related fields to present on topics most relevant to youth crime and victimization in Canada. To register, email us: CYCP_CPCJ@rcmp-grc.gc.ca

RCMPTalks

NYS is seeking interest from classrooms across the country to participate in the RCMPTalks 2021 sessions. These sessions will be offered in English Only. This initiative aims to educate youth, give them a sense of empowerment, and encourage them to get engaged in their schools and in their communities.

RCMPTalks: Upcoming Topics

- January 27, 2021 - Mental Health
- February 23, 2021 - Diversity
- March 10, 2021 - Online Safety
- April 21, 2021 - Reconciliation

To register, RCMP employees or external educators are invited to contact us at RCMP.Youth-Jeunesse.GRC@rcmp-grc.gc.ca with contact details of the interested school or classroom. Participating classrooms must have the capability to handle a consistent 1 Mbps upload internet speed. Please note that up to eight classrooms from grade 7-12 can participate per session.

Special Upcoming Dates

- January 1, 2021 - New Year's Day
- January 2, 2021 - Day after New Year's Day
- January 6, 2021 - Epiphany
- January 11, 2021 - Sir John A Macdonald Day
- January 28, 2021 - [Bell Let's Talk Day](#)

*Only a select few dates are listed above. This list does not encompass all of the upcoming dates that merit recognition.

Virtual Training

- **January 13, 2021** – The University of Regina Education Faculty Dean, Dr. Jerome Cranston, will discuss [taking on systematic racism](#) in the education system.
- **January 27, 2021** - An interactive webinar, [Tackling Unconscious Bias and Gender Stereotype](#), will explore the impacts of stereotyping and bias on children and young people.
- **January 28, 2021** - On Bell Let's Talk Day, join Eventbrite for [Let's Talk Hope Canada](#). This is an event for provinces and territories to come together and share their voices with a discussion about the mental health state of our nation through Covid-19.
- **January 30, 2021** – An anxiety in [children and youth workshop](#) intended for parents, childcare providers, school personnel, support workers, and anyone working in a helping role with children or youth struggling with anxiety.

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In the News

- In an attempt to eliminate offensive comments, YouTube is launching a **new product feature** that will ask commenters to rethink posting if their message seems offensive.
- The Canadian Mental Health Association (CMHA) **BounceBack program** is a free, guided self-help program that aims to help adults and youth (ages 15+) manage low mood, mild to moderate depression, anxiety, stress or worry.
- Canada's youth may be at the heart of the **rising sex trade**. Human trafficking is one of the fastest growing crimes in Canada and the reported average age for victims targeted is 13 years old.
- A fantasy video game, I-SPARK, aims to **help youth in Nunavut with their mental health**. The purpose of this game is to encourage youth to seek alternative sources for mental health resources.
- **Saskatchewan-raised producer** has signed with Disney to produce three mini-episodes showcasing Indigenous youth as part of the series called "Use Your Voice".
- A group of **France broadcasters** work together to produce an educational series called "Chouette, pas Chouette!" (i.e., "Owl, Not Owl!") as part of a mission to teach preschoolers about contesting sexism.
- A **Tik Tok challenge** has gone viral, which involves young people lying on the road under blankets and running away as a vehicle approaches. Police are worried this challenge will become more popular throughout the country.

Research

- Bored and lonely? University of Saskatchewan professor, **Regan Mandryk**, asserts that online games can help us socialize safely during the pandemic.

- **Saskatchewan mental health therapist, Brigitte Krieg**, creates study where she asks Indigenous youth facing bullying and violence for solutions. The study will aim to understand the issues surrounding bullying and violence from the perspective of the Indigenous youth enduring it.
- With schools closed and in-person socializing limited, psychology professor, Patrick Markey, conducts **research** to show how video games can help youth socialize during this isolated time.
- To attempt to combat the issue of misinformation on social media, three of the largest social networks will work with fact-checkers, governments and researchers to try to come up with new ways of tackling misinformation. Learn more on this initiative [here](#).

Virtual Educational Resources

- **The Canadian Museum for Human Rights** offers human rights teaching resources, resource guides, stories, virtual tours, and more.
- A lesson plan, **Mixed Signals: Verifying Online Information**, allows students to examine two websites and learn how to evaluate online sources. They also create fake websites that demonstrate the misleading signals that are often mistaken as reliable.
- **All Kinds of Minds** is a non-profit institute for the understanding of learning differences. The website includes free resources that you can use with youth and increase your knowledge on learning differences.

Support Services

- **Kids Help Phone** – 1-800-668-6868
 - **Indigenous Help** – 1-855-554-4325
 - **Text** – 686868
- **Black Youth Helpline** – 1-833-294-8650
- **Hope For Wellness Line** – 1-855-242-3310 or use their chat function
- **Sexual Assault Txt Line** – Text HOME to 741741